





CHAIRPERSON'S Report

This year has been trying and a challenge for our organisation.

This year has been trying and a challenge for many people and organisations. At Rebound WA the coronavirus pandemic forced us to pause all of our programs for a brief period of time and our fundraising activities and opportunities were also put on hold as our State and the Nation grappled with the challenges of COVID-19 shutdowns and then establishing a new normal.

During the restriction phase in WA, we supported our member's mental and physical wellbeing as best we could. The team responded quickly to the new challenges, and moved our community support online so that our members were aware that they were not tackling this challenge alone.

When restrictions started to lift, our team acted quickly to reintroduce sports and recreation to our members. As soon as it was permitted, we were back in the hospital helping people get active again. Our community continues to grow as we reach more people who are looking at living an active life.

As an organisation Rebound WA has worked through the challenges, due to the strong support of our members, staff and supporters. Thank you to our staff who shared the burden, with reduced hours

which helped us manage the financial impact of the pandemic. Thank you to the many contributors that provided financial support, whether that be through various grants, donations or by responding to our online fundraising initiatives.

Rebound WA is passionate about working with many different organisations across the sport, disability charity sectors. We continued to support the initiatives of our partners such as Telethon Community Cinemas, Urban Descent, and Telethon as they navigated uncertain times.

As we look to the year ahead, we are focused on getting our message out there to even more people. As the lockdowns would have made many realise, life is not quite the same sitting on the sidelines. Everyone is entitled to participate in an active lifestyle of their choice, and we will continue to strive to make inclusion in sports and recreation the norm.

Simon Hardbottle

Simon Hardbottle
Chairperson

CEO'S Report

In spite of the challenges our organisation faced this year, we have continued to grow and thrive.

If anything, the restrictions our State faced due to the Coronavirus pandemic further illustrated the importance of the work we do within the community. The general public got a much clearer picture of what life is like without the presence of sports and recreation and just how vital access to these activities are to everyone's physical and mental wellbeing.

During the lockdown period, we continued to support our member's wellbeing, both physical and mental. Members of our team conducted welfare checks on members to find out how they were coping and to discuss any anxieties they had with the situation. Our team was also ready and prepared to help our members attain essential products if the need arose. Our team also set up online platforms to facilitate a sense of community so our members knew they were not alone.



When restrictions eased, our organisation reacted quickly to reintroduce sports and recreation for our adult and child members. An initiative which was greatly appreciated by our community.

Rebound WA also continued to support the development of even more activities our members could take part in. The most notable of these was to support the continuing development of adaptive mountain biking in WA, the introduction of Sitting Volleyball and Race Running.

For the thrill seekers amongst our members, we continued our partnership with Urban Descent to run the QV1 abseil. This is an important partnership as most adventure activity companies struggle to accommodate the needs of our members.

Rebound has continued to share the stories and successes of our athletes as they prepare for Tokyo 2021. It is of great importance that our young members see these incredible athletes in the media. It shows them what is possible, and inspires them to challenge perceptions.

The following year will be an interesting challenge as we all adapt to our new normal. We will continue to develop adaptive sports and recreation in WA, and we will continue to advocate on the importance of inclusion for all members of the Western Australian community.

A handwritten signature in black ink that reads "Simon Mead".

Simon Mead
CEO

Our ORGANISATION

Rebound WA is a charitable association assisting Western Australians living with physical disability to lead fuller, more active and more connected lives. Essentially we help people to rebound from adversity.

Our aim is remove barriers – both physical and mental – so children and adults with physical disability can have the same participation opportunities as their able-bodied peers.

We conducted dozens of disability awareness sessions at various schools, workplaces and community groups. In total, the Wheel Life program reached over 10,000 people and created a greater awareness around disability, accessibility, and adaptive sports.

Even despite the pandemic shutdown, we ran 80 basketball games, 40 wheelchair rugby games, as well as 10 come and try days across various sports, and 2 deep sea fishing trips of the coast of Rottnest Island.

Many more of our members and supporters took part in the Urban Descent which saw them face their fears, and abseil down a 160 metre tall building. Most adventure companies struggle to accommodate people living with disability but our partnership with Adventure Out makes the abseil possible.

We held camps for our young members to help them build independence and resilience.

Weekly programs designed to increase chair skills, independence, and community support for our young members were also conducted.

Together with NRL WA, developed a new sport for the WA community (Wheelchair Rugby League) while other sports such as Wheelchair AFL continue to develop.

We regularly visited Perth Children's Hospital to provide information and support to parents. During these sessions, we show kids living with disability the various activities and programs they can take part in to live an healthy and active life.

We also spent enormous amounts of time at Fiona Stanley Hospital helping adults reengage with sports and recreation, and letting them know that there is a supportive community for them should they need one.

We are passionate about meeting people, especially in hospital, and assisting them to lead a more active life.



80

Basketball games



40

Wheelchair rugby games



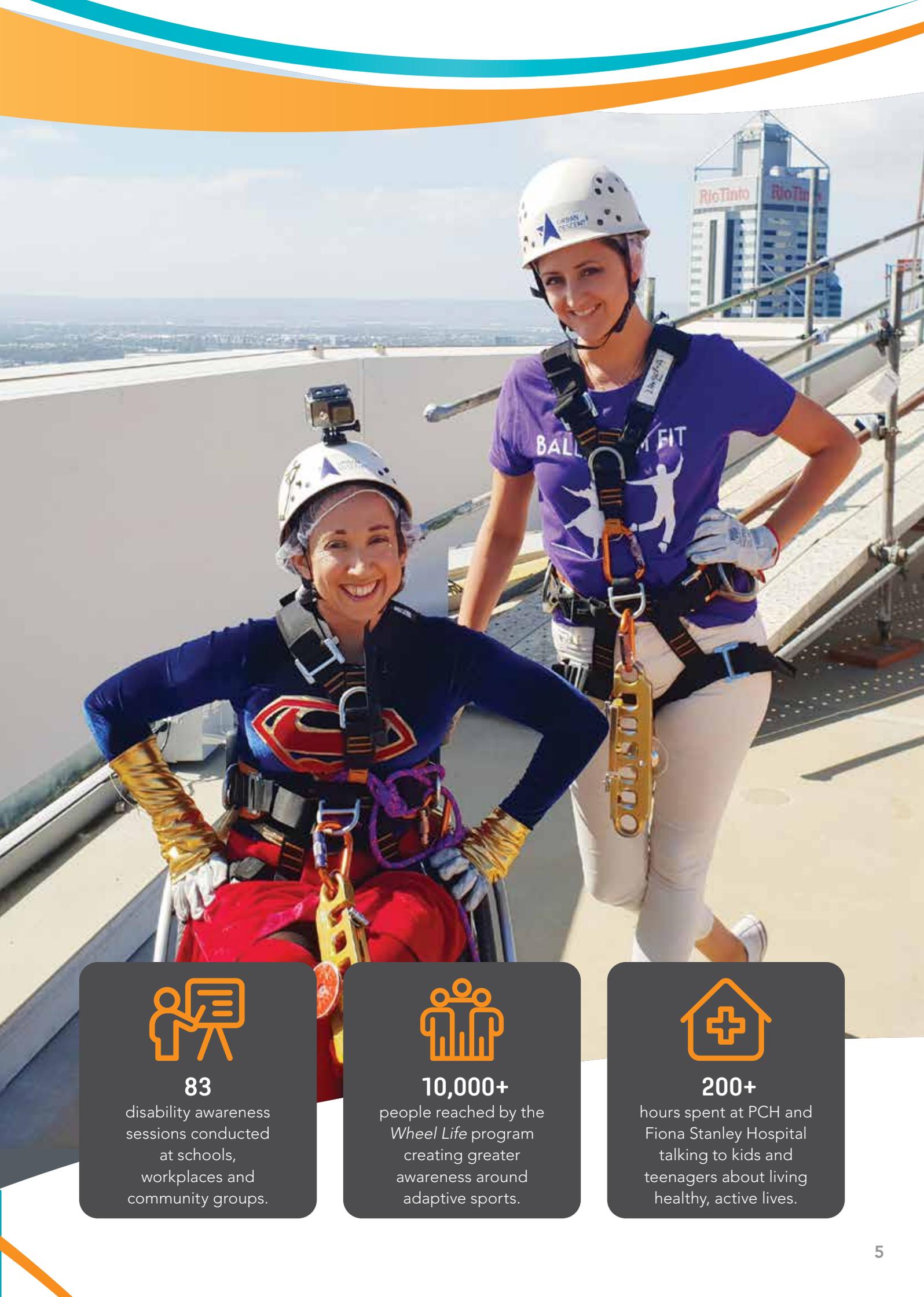
10

Come and try days



2

Deep-sea fishing trips



83

disability awareness sessions conducted at schools, workplaces and community groups.



10,000+

people reached by the *Wheel Life* program creating greater awareness around adaptive sports.



200+

hours spent at PCH and Fiona Stanley Hospital talking to kids and teenagers about living healthy, active lives.

Why our work MATTERS

People with physical disability face many barriers – both internal and external.

When our members engage in sport and recreational activities they learn new skills, improve their confidence and resilience, make new friends and celebrate their achievements.

We work to help all our members become physically and mentally stronger.





Our MEMBERS

Asha is currently nine years old. She absolutely adores anything yellow, has a passion and natural curiosity for the world around her and is an artistic and articulate young person. Asha was also born with Spina Bifida and has lived her life so far trying to ensure that this does not define her.

Being naturally competitive, Asha is keen to participate and eager to win in all sports. Her biggest hurdle in successfully participating in sports has been a lack of appropriate equipment, and a lack of understanding and suitably trained sports professionals.

The past few years have seen Asha become increasingly isolated from her peers. She's made very few friends her own age, and become increasingly anxious and dispirited in her world. Asha became increasingly frustrated at having to compete with her able bodied peers in activities which do not accommodate her. It began taking a toll on her both physically and emotionally.

The Whiz Kidz program has been a lifeline to Asha and her love of activities and sports. Rebound WA staff met with Asha and discussed different activities she may be interested in, and a camp she could attend.

By participating in Whiz Kidz, Asha has access to appropriate equipment. Modifications to sports and games allow her to participate in and try

Whiz Kidz has provided Asha with a safe space to re-learn sportsmanship, rules of games and participating in sports without feeling inadequate.

out various activities. The program also has a diverse range of volunteers, some with their own disabilities. These volunteers help mentor, support and facilitate the program. Whiz Kidz has provided Asha with a safe space to re-learn sportsmanship, rules of games and participating in sports without feeling inadequate.

The Rebound WA programs have given Asha an opportunity to learn that she too belongs in an active and social world. The benefits of this program have also flowed into other areas of her life and have allowed her family to engage in different activities with her. The family are also able to try accessing events and places where in the past she may not have been willing or confident to do so.

During the coronavirus restriction phase, Whiz Kidz continued to help Asha. She is actively took part in an online version of the Whiz Kidz program and borrowed a handcycle so that she is able to continue her active lifestyle.

Our ACTIVITIES

Over the years, Rebound WA has evolved from being solely a sports club, to a community which cares for the mental health of its members, and organisation which provides peer support and mentoring and a safe space to learn and share from each other.

At the core of it though, we cater for a vibrant and active community, and as such sports and recreation are still a huge part of who we are.

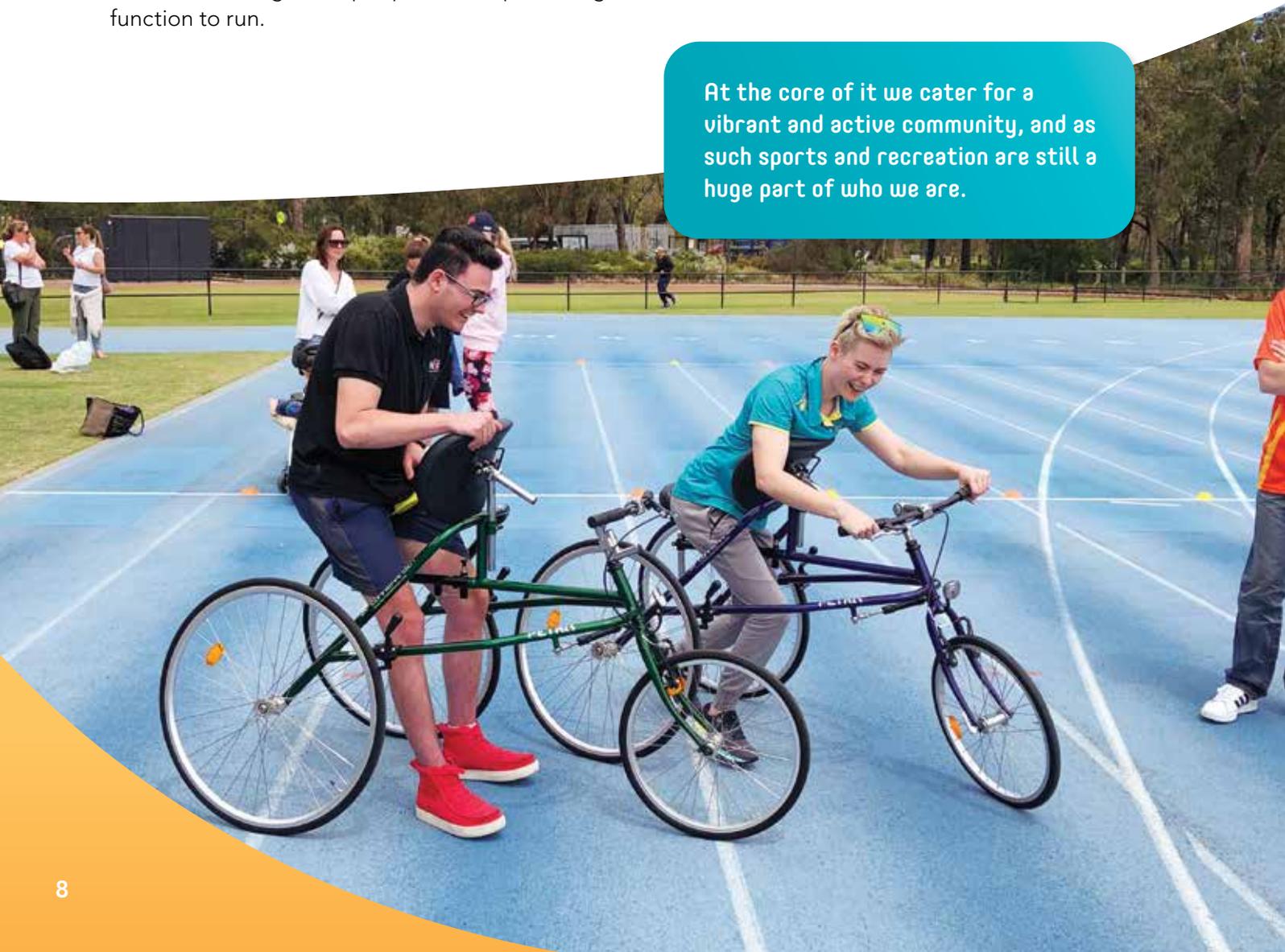
Despite the trials of the year, Rebound WA has brought in a number of new sports, while continuing to nourish existing activities.

One of the new sports promoted by us this year is Race Running. Race running is a relatively new athletics discipline in Australia that uses a tricycle frame to help support weight and provide balance, allowing some people with impaired leg function to run.

We also worked with Volleyball WA to promote the sport of Sitting Volleyball. More suited to amputees and those with core function, it is nonetheless a new activity for some of our members to try.

We have also continued to support the growth and accessibility of perennial favourites Wheelchair Basketball, Wheelchair Rugby and Adaptive Offroad Handcycling.

At the core of it we cater for a vibrant and active community, and as such sports and recreation are still a huge part of who we are.





THANK YOU to our supporters

Rebound WA's ability to make a meaningful impact on the lives of our members is greatly aided through the support of our partners and supporters. We are very grateful for their ongoing support and confidence in our work.

In a year that has been trying, their continued support shows their commitment to ensuring that all West Australians have access to inclusive and accessible activities.

We are grateful to Telethon, Brookfield Place 6PR and Nine for their continued support, and look forward to working even closer together in the coming year.

- All participants in the Wheelchair Challenge
- All participants of the Urban Descent
- All Saints College
- Brookfield Properties
- Brown and Root
- City of Bayswater
- City of Gosnells
- Civmec
- Department of Local Government, Sport and Cultural Industries
- Fiona Stanley Hospital
- Fremantle Sailing Club
- FTT group
- Hawaiian Group
- Healthway
- Hollister
- KBR
- Lotterywest
- Minster Stephen Dawson
- National Disability Services
- Oliver Foundation
- Pagoda Resort & Spa
- Patersons Security
- Perth's Children Hospital
- RAC WA
- Royal Perth Hospital
- SEDA
- Shenton College
- Show West
- Telethon
- Telethon Community Cinemas
- The Oliver Charitable Foundation
- The Stan Perron Charitable Trust
- Town of Cambridge
- Trevors Carpet
- United Way
- Wesley College
- Westfund Health Insurance
- Woman and Leadership Australia



Department of
Sport and Recreation



Our PEOPLE

Our Board

Simon Hardbottle, Chairperson

Board member since 2016

Currently the Chief Information Officer for Programmed, Simon has previously held the roles of Executive General Manager Commercial and Finance for the Marine and Workforce divisions, along with commercial management and corporate finance roles. He holds a Bachelor of Commerce from the University of Adelaide, a Master of Business Administration from the University of South Australia and is a Certified Practising Accountant. Simon is an experienced finance executive and brings to the Board valuable skills in achieving strategic and operational outcomes.

Simon is a fellow of CPA Australia and a member of the Australian Institute of Company Directors.

Through his family, Simon has been involved with Rebound WA for several years and was appointed as Chairperson this year.

Suzanne Perry, Deputy Chairperson

Board member since July 2019

Suzanne was a General Manager for the Rottnest Island Authority from 2012 to 2017 and now works for the PACT group as their Marketing & Innovations Manager. Suzanne brings to the Board strong skills in the areas of business strategy and development and commercialisation and marketing

Edoardo Argento, Director

Board member since 2018

Edoardo graduated from the University of Western Australia with a Bachelor of Commerce (Finance and Economics Degree) in 2016, and has been working as a Consultant at Mainsheet Capital, a corporate advisory and Management Consulting firm, since graduation.

In his time at Mainsheet, Edoardo has worked on projects with aged and disability services' providers, a medical and research institute, as well as mining

services companies. Edoardo also worked for the Perth Wildcats for five years as a casual staff member, was a Basketball coach at Scotch College and worked at Subiaco Oval for three years. He is an avid basketball and AFL fan/player, and hopes to contribute as much as he possibly can to Rebound WA.

Karen Harvey, Director

Board member since October 2019

Karen has 27 years of lived disability because of a car accident.

Her experience has been in the area of presenting and tutoring. She worked as a tutor with people with a brain injury and taught computer and communication skills for six years in New Zealand. Karen holds a diploma in Training and Assessment.

Also a keen water skier, Karen's history with disabled sports has been winning a bronze medal at an international fespics games in China and more recently, three-time Australian H4 handcycling champion.

Karen is the Founder and Chairperson for Spinal Chatter Inc, Injury prevention presenter for PBF and Peer support officer for Spinal Life.

She is looking forward to being a part of Rebound WA, networking with like-minded people and providing a unique perspective from a disabled person with many years lived experience.

Megan Hancock, Director

Board member since October 2019

Megan has three sons who have always been active in both club and representative sporting sides. Her middle son has a physical disability and has been a member of Rebound WA for the last four years. He has enjoyed the physical and emotional benefits of participation in sport and the sense of community and belonging that it brings.

Megan is a Human Resource Professional with 20 years management experience. She holds a Masters in Commerce, majoring in HR management from the University of NSW and a Bachelor of Arts from UWA.

In joining the Board, Megan hopes to bring her perspective as a parent, and draw upon the feedback of other parents like herself to provide a representative voice in the decision making of the Board.

FINANCIALS

Statement of Financial Position

	2020 \$'000	2019 \$'000
ASSETS		
Current assets	1,361	1,098
Non-current assets	2,332	2,802
Total assets	3,693	3,900
LIABILITIES		
Current liabilities	325	198
Non-current liabilities	34	23
Total liabilities	359	221
NET ASSETS	3,334	3,679

Statement of Financial Performance

	2020 \$'000	2019 \$'000
INCOME		
Fundraising	549	309
Grants and sponsorship	344	385
Other income	353	310
Total income	1,245	1,004
EXPENDITURE		
Fundraising expenses	240	142
Employee entitlements	642	523
Programs, services and administration	500	427
Total expenditure	1,382	1,092
NET(DEFICIT)/SURPLUS	(137)	(88)



Rebound WA

Enabling WA's disabled community

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