



Wheelchair CHALLENGE

Supporting Possibility



Rebound WA is a charitable association assisting children and adults living with physical disability to lead fuller, more active and more connected lives. By helping them to explore possibilities in sport, recreation and life, and by connecting them to peer support and an active community, we assist people to rebound from adversity.

Wheelchair Challenge

Wheelchair Challenge is an event that challenges people to spend just one day of their life in a wheelchair while raising funds for Rebound WA.

There are a wide variety of circumstances that result in the necessity to live life in a wheelchair. Many of those could be experienced by you, or someone in your life. Wheelchair Challenge provides you with an opportunity to have first-hand experience of what life is like in a wheelchair, increase awareness of Rebound WA, and raise much-needed funds to help us continue to make a difference in our community.

Challenge yourself

We call it a challenge for a reason. You will be challenged by issues of accessibility in workplaces, shops and in many public spaces and facilities. You will learn a different way of dealing with everyday situations such as opening doors, crossing roads, navigating around furniture and even preparing meals. Many participants have been surprised at the mental challenge they experienced as they went about their daily business. You also gain a new perspective on how people in wheelchairs are viewed and treated.

How it works

You can do Rebound WA's Wheelchair Challenge any time that suits you. We provide you with the wheelchair as well as lots of support and advice.

There is a fundraising target for Wheelchair Challenge participants. You can either make the donation yourself or raise the funds from your colleagues and friends. We will provide you with a link and let you know how to set up your fundraising page, as well as give you tips on raising funds and generating interest in your Wheelchair Challenge.

Once you have confirmed a date, we deliver your wheelchair so you can get acquainted. Our instructional video on YouTube will provide invaluable advice on techniques you will need the tackle your Wheelchair Challenge. We will collect the wheelchair from you when it's all over.

A few words from past participants...

"Everything we do in our day-to-day lives as active and able bodied people, we tend to take for granted."

"The Wheelchair Challenge is a fantastic initiative! Unlike many other fundraising activities, this event really gives you an insight into the lives of those you are trying to help."

"This is a great challenge to take on and I definitely recommend anyone to have a go — I hope that I have made someone's life a little easier."

How your support helps

Rebound WA relies on fundraising activities, partnerships and sponsorships to help people living with physical disability to build confidence and engage with possibility.

Your support helps in a variety of ways.

- A hand-cycle that costs \$3,000 will help a person who has experienced a life changing injury to regain their independence.
- Attending a weekend recreational camp that costs \$200, gives a child the opportunity to take part in fantastic activities as well as make new friends.
- Providing an entry-level wheelchair for \$500 helps someone participate in wheelchair basketball, which improves their physical strength as well as expanding their friendship group.

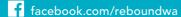
Imagine how many people you can help by completing the Wheelchair Challenge. By supporting possibility you can help start many children and adults on their journey of building a new life.





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